

Youth Corps Singapore NYAA Toolkit

Information accurate as of September 2024



What is this NYAA-NYC Toolkit?

Youth Corps Singapore (Youth Corps) is a division of the National Youth Council (NYC). Youth Corps serves as a collaboration platform between youths, community service organisations, and the wider society to ignite positive change.



Through Youth Corps, we can **support you** or **your youths** in fulfilling some or almost all of the required hours across the NYAA programme components.

This toolkit provides you with an **overview** of the **various programmes or events** which you can consider as you embark on your NYAA journey.



We wish you an enriching and meaningful experience through NYC & Youth Corps Singapore as part of your NYAA journey.





Resilience

Developing mentally and physically rugged youths to be active citizens inspired to serve the community



Service

Championing youth volunteerism to build active citizenry and a caring and cohesive society



Enterprise

Home to enterprising youths who are committed to creating their own future



Launched in 2014

Champion Youth Volunteerism

to build active citizenry and a caring and cohesive society



Relevant NYC Initiatives for NYAA Requirements

Service Learning	Outdoor Appreciation	Healthy Living	Community Leadership Initiative
<ol style="list-style-type: none"> 1. Volunteer in Bite-Sized Volunteering Opportunities 2. Volunteer in Regular Volunteering Programmes 3. Volunteer for overseas communities by embarking on a Youth Expedition Project (YEP) 	<ol style="list-style-type: none"> 1. Learn and appreciate ways in which you can play a part for our environment through environmental activities at Youth Corps 	<ol style="list-style-type: none"> 1. Participate in Project Re:ground @ Dungeon self-care activities to support and regulate your mental well-being 2. Champion mental wellness through the Youth Corps Singapore Community Peer Supporters Programme and learn how to create a safe and empathetic space for fellow youths 	<ol style="list-style-type: none"> 1. Enhance or start your own community service initiative with Mission X resources 2. Step up to be a Youth Expedition Project (YEP) Leader to lead an overseas service-learning project 3. Spearhead a project via Youth Corps Youth-led Clusters 4. Kickstart a project with NYC Young ChangeMakers (YCM) Grant 5. Turn your ideas into reality with NYC Youth Action Challenge (YAC)

Youths are required to meet the respective requirements (e.g. indicated age range, skills, training pre-requisites) when signing up for the different programmes and events. These will be reflected at the registration sites.

Service Learning

Service-Learning			
Description	This component recognises young people's development as socially responsible citizens who understand the issues faced by the community and explore how they can contribute actively to find a solution. They can choose to undertake a Values-In-Action project or any community service projects of their interest.		
NYAA Requirements	<p><u>GOLD</u></p> <p>At least 60 hours of regular activities spread over a minimum period of 12 months.</p>	<p><u>SILVER</u></p> <p>At least 40 hours of regular activities spread over a minimum period of 8 months.</p>	<p><u>BRONZE</u></p> <p>At least 20 hours of regular activities spread over a minimum period of 4 months.</p>
Relevant NYC Initiatives	<ol style="list-style-type: none"> Volunteer in Bite-Sized Volunteering Opportunities (Approx 2-4 service hours) Volunteer in Regular Volunteering Programmes (Approx 12 service hours)* Volunteer for overseas communities by embarking on a Youth Expedition Project (YEP) (Approx 60-80 service hours)* 		

*Based on the NYAA Programme requirements, the maximum effort hours per Service Learning activity are 3 hours for Bronze, 6 hours for Silver, and 9 hours for Gold, each representing 15% of the total required hours.

NYAA Requirement Reference from NYAA Brochure: <https://go.gov.sg/nyaa-brochure>



Avenues for Service Learning



Volunteering Opportunities (Bite-Sized or Regular Volunteering)

A wide range of volunteering opportunities that cater to diverse interests, skills and availabilities.

Discover the latest opportunities at <https://go.gov.sg/nyaa-volopps> and rally more youths to volunteer together and contribute meaningfully to our society!



Volunteer Overseas through Youth Expedition Project (YEP)

Embark on a YEP to make a difference to our overseas communities. For current students, please approach your staff advisor for advice.

Check this space for more information: <https://go.gov.sg/nyaa-youthexpeditionproject>

Outdoor Appreciation

Outdoor Appreciation			
Description	Outdoor learning supports the development of confidence building as young people are placed in unfamiliar environments outside of the classroom. It also develops young people's problem-solving skills, enhances teamwork, strengthens understanding of the natural environment and inculcates in young people a sense of stewardship for our environment.		
NYAA Requirements	<u>GOLD</u> At least 36 hours of outdoor activities with a specific learning goal.	<u>SILVER</u> At least 24 hours of outdoor activities with a specific learning goal.	<u>BRONZE</u> At least 15 hours of outdoor activities with a specific learning goal.
Relevant NYC initiatives	1. Learn and appreciate ways in which you can play a part for our environment through environmental activities at Youth Corps		

NYAA Requirement Reference from NYAA Brochure: <https://go.gov.sg/nyaa-brochure>



Avenues for Outdoor Appreciation



Appreciate our environment by learning how you can contribute to its conservation

Be exposed to the various environment-related opportunities that come along!

Some examples:

- **The Greenies:** Clean up our waterways by kayaking and learn about environmental protection
- **A Walk in Nature:** Buddy and guide children to appreciate our nature and how we all can play a part in conserving our environment
- **LitterLifters:** Play a part to conserve our beach by cleaning up our shores as we learn how debris affects marine life

Look out for such environmental activities at <https://go.gov.sg/nyaa-volunteergov>

Healthy Living

Healthy Living			
Description	Healthy living aims to develop and maintain a healthy lifestyle that allows us to get through our daily activities. It also hopes to develop a healthy body and mind. Our behaviour has a significant impact on our wellness. Adapting healthy habits with a balanced diet and exercise while avoiding destructive habits such as tobacco, drugs and alcohol will improve both our physical and emotional well-being.		
NYAA Requirements	<u>GOLD</u> At least 48 hours of regular activities spread over a period of 18 months.	<u>SILVER</u> At least 32 hours of regular activities spread over a period of 12 months.	<u>BRONZE</u> At least 24 hours of regular activities spread over a period of 6 months.
Relevant NYC initiatives	1. Participate in Project Re:ground @ Dungeon self-care activities to support and regulate your mental well-being 2. Champion mental wellness through the Youth Corps Singapore Community Peer Supporters Programme and learn how to create a safe and empathetic space for fellow youths		

NYAA Requirement Reference from NYAA Brochure: <https://go.gov.sg/nyaa-brochure>

Avenues for Healthy Living



Re:ground @ Dungeon

Want to chill and unwind after a long day? Drop by The Red Box on Thursday from 6.30pm to 9.30pm to engage in self-care activities or conversations with our Community Peer Supporters!

*No registration is required**

Find More: <https://go.gov.sg/nyaa-projectreground>

Themed Nights in Re:ground @ Dungeon

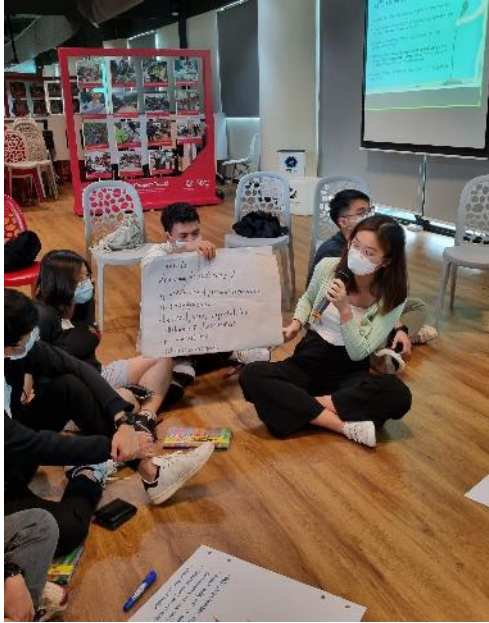
There will be at least one themed night organised every month. Activities range from crocheting to crafting to K-pop Dance!

Keep a lookout at: <https://go.gov.sg/nyaa-themeprojectreground>

Sign up fast as slots are limited!



Avenues for Healthy Living



Step up as a Community Peer Supporter

Wish to be more than a participant at Re:ground @ Dungeon? You can take the lead by joining the Community Peer Supporter Programme to be part of a youth-for-youth movement to champion for mental wellness and continue supporting fellow youth in the community, while being supported by Youth Corps to be equipped with skills and knowledge to fuel your peer helping journey!

As a Community Peer Supporter, you will learn how to create a safe and empathetic space for fellow youths. Indicate your interest to be one here: <https://go.gov.sg/nyaa-cpsinterestform>



Community Leadership Initiative

Community Leadership Initiative

Description	<p>This component challenges participants to take on leadership roles in their own community service projects. Participants are to identify a need in our community and through the understanding of cultural differences, find solutions to contribute effectively to bring about a positive outcome. Participants will have the opportunity to showcase their leadership skills as they work in partnership with people from various backgrounds to undertake a community project that will not only broaden their horizons but also train them into culturally sensitive, service-oriented and holistic leaders. The newly remodelled section hopes to see more student/youth-initiated activities that bring positive and meaningful contributions to the community, be it on the national or international level.</p>
NYAA Gold Requirements	To initiate and lead a community service project individually or in small groups
Relevant NYC Initiatives	<ol style="list-style-type: none"> 1. Enhance or start your own community service initiative with Mission X resources 2. Step up to be a Youth Expedition Project (YEP) Leader to lead an overseas service-learning project 3. Spearhead a project via Youth Corps Youth-led Clusters 4. Kick-start a project with NYC Young ChangeMakers (YCM) Grant 5. Turn your ideas into reality with NYC Youth Action Challenge (YAC)

NYAA Requirement Reference from NYAA Brochure: <https://go.gov.sg/nyaa-brochure>



Avenues for Community Leadership Initiatives



Enhance or Start your own Community Service Initiative with Mission X Resources

Mission X is a 3 or 4-day community service leadership programme that promotes youth volunteerism and develops the next generation of youth community service leaders.

Don't just end your journey at the Mission X camp! Upon graduating as a Multiplier, you unlock the resources that enable you to tap on project funds, consultations and trainings to enhance your existing community service initiatives or pilot new ones to benefit the community around us. Rally your IHL peers along to join you in meaningful projects. Check out <https://go.gov.sg/nyaa-programme-x> for more details.



Avenues for Community Leadership Initiatives



Step up to be a Youth Expedition Project (YEP) Leader

As a YEP Leader, you are empowered to plan and scope the project with the overseas host community, conduct recce trips and recruit members for your service-learning project!

You play an important leadership role in facilitating your YEP members' learning through their overseas and local service-learning experiences as well as ensuring the safety of everyone in the team.

Keen to lead a YEP? Check out more here:
<https://go.gov.sg/nyaa-yepleader>



Avenues for Community Leadership Initiatives

Spearhead a project via Youth Corps Youth-led Clusters

Interested to interact with like-minded peers to curate your own projects? Depending on your passion and skills to contribute, join any of the youth-for-youth clusters to plan and organise community projects to allow more youths to be aware of the social issues and provide them with the opportunity to serve meaningfully in the community service initiatives you spearhead with your fellow cluster mates.

Cause-Based Clusters

Children, Youth & Family Cluster
Eldercare Cluster
Mental Health Cluster
Special Needs Cluster
Sustainability Cluster
Beyond Singapore Cluster

Skills-Based Clusters

Ambassadors Team
Empathy Taskforce
Engagement Taskforce
Facilitators Network
Media Team

Programme-Based Exco

Project Re:ground Community Peer Supporters

Learn more about the various youth-led clusters:
<https://go.gov.sg/nyaa-youthclusters>



Avenues for Community Leadership Initiatives



Kick-start a Project with Young ChangeMakers (YCM) Grant

Have an idea to better the community? Apply for the YCM Grant and stand to be awarded up to \$3,000 to implement your project. You also get to connect with like-minded youths.

Check out more details: <https://go.gov.sg/nyaa-ycm>



Turn your ideas into reality with the Youth Action Challenge (YAC)

Do you always have ideas on bettering the community? Do you wish you are equipped to turn your ideas into reality? YAC is a multi-month developmental programme where you will learn how to develop, design and sustain your projects through workshops, mentors and consultants. You stand to be awarded up to \$50,000 to turn your ideas into reality too! Join like-minded youths on the YAC journey.

Find out more here: <https://go.gov.sg/nyaa-yac>



**Unleash your potential
beyond the NYAA
requirements!**

Grow as a Youth Leader and make a big difference in our community and nation through the Youth Corps Leaders Programme!



Lead bold change in the community

Serve a diversity of causes and beneficiaries such as seniors, youth, and children, environment, education and healthcare.



Grow community leadership knowledge and skills

Participate in many interactive workshops to equip you with the relevant skills to lead change in your community.



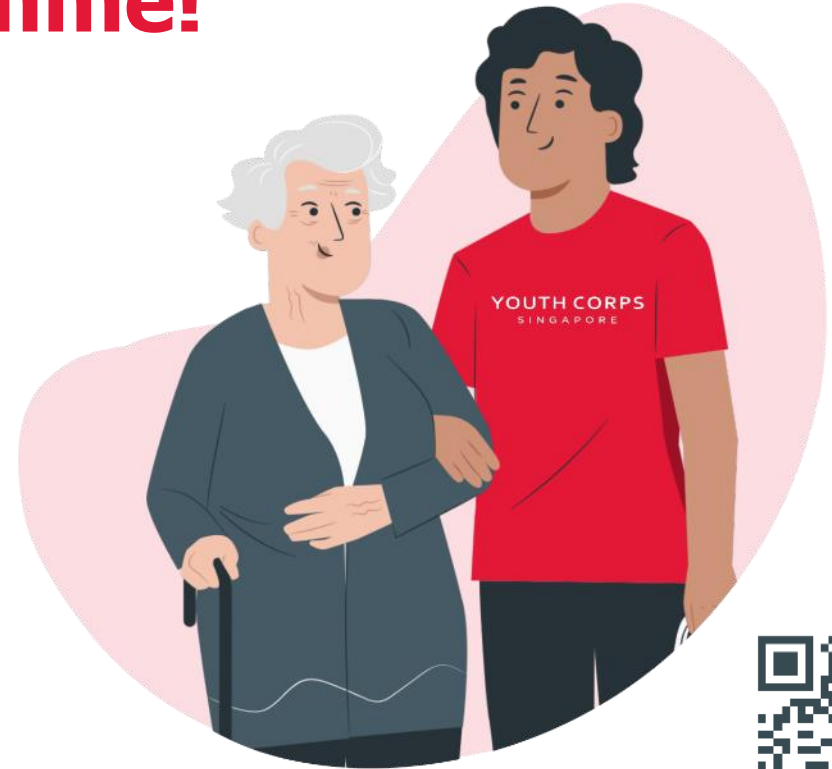
Connect with like-minded people

Meet and work with youths from all backgrounds and cultures, all with the heart and passion to serve.



Deepen insights to national issues and challenges

Understand how you can shape Singapore's future for the better.



Check out more details:
<https://go.gov.sg/nyaa-yclp>



YOUTH CORPS
SINGAPORE

Join the Youth Corps Singapore Telegram for all the latest volunteering & learning opportunities!



<https://go.gov.sg/nyaa-ycs-tele>

If you have any questions or wish to explore collaborations, please get in touch with us at youth_corps_enquiries@nyc.gov.sg



**Stay
connected!**



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